



INSTALLATION INSTRUCTIONS

PART No.

FB22390

18-20 Ford F-150

Pelican Front Bumper



VIDEO AVAILABLE



REQUIRED TOOLS

- 22mm Socket
- 22mm Wrench
- 15mm Socket
- 5mm Allen Wrench
- Sawzall or other metal cutting tool

Help of a friend

KIT CONTAINS

- Front Bumper
- Skid Plate
- M14 Nyloc Nut
- M14 Hex Bolt
- M14 Washer

QTY

- 1
- 1
- 4
- 4
- 8

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1) REMOVE EXISTING BUMPER

Begin removing your vehicle's existing front bumper. We show how to do this in another video over at www.fishboneoffroad.tv



2) CUT FRAME

Begin cutting your front crash bars, just before the bolts.



NOTE: This is irreversible. You will still be able to install the factory bumper if you decide to revert.

Reinstall your grille trim.



Install your light bar of choice into the bumper at this time.

3) INSTALL THE BUMPER

With the help of a friend and the remaining included hardware, loosely secure the bumper to the frame. Adjust and center the bumper, and tighten down the bolts with a 22mm socket and wrench, followed by the Skid plate, with a 15mm socket and 5mm Allen Wrench.

